



NEWSLETTER

Probud Club of Beaumaris Inc.

www.beaumarisprobud.org.au

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Issue No. 332

May 2018

Meeting: 10 am Tuesday May 15 Beaumaris Sports Club

Keynote Speaker: Bill Noonan AM

Topic: Retirement? What Retirement? (see p2)

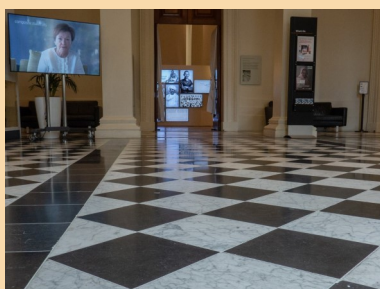
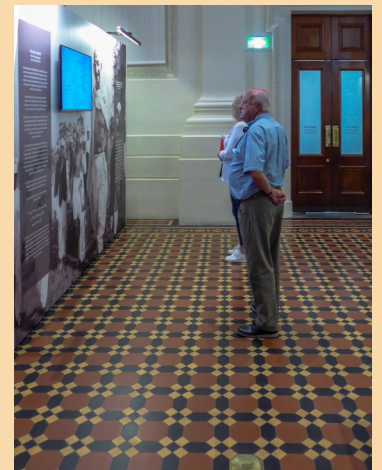
10-Minute Talk: Chris Renwick AM Dumbing Down

Beaumaris Probud at the Immigration Museum

There were many different immigration stories across the timeline of our short history. During our visit there was a special exhibition about Ghandi in the Long Room with its beautiful tessellated tile floor.

*Below: Margaret and John Howe – wonderful to see
Margaret up and about again
Right: Dick Kirby in contemplative mode*

The Ghandi exhibition and the tessellated floor



Photos: Alan Stevens



PROBUS CLUB OF BEAUMARIS Inc.

*** Office Bearers 2018**

* President: **Roger Wilson** 0418395946
 * Past President: **Ken Beadle** 9589 6120
 * Treasurer: **Geoff Carlson** 9589 4884
 * Functions: **Andy Coogan** 9589 5742
 * Meetings: **Geoff Wade** 9588 2593
 Assistant Meetings: **Graeme Keys** 9585 7297
 * Newsletter: **Peter McGregor** 9533 4760
 Almoner: **Noel Ineson** 0498 060 159
 President's Table: **John Green** 9580 6820
 Recorder: **John Bushby** 9598 7113
 Projectionist: **Philip Stewart** 9589 3309
 Webmaster: **Geoff Bransbury** 9589 1507

*** Committee Members**

* Vice-President: **Keith Ross** 9589 3580
 * Secretary: **John Smyth** 0438619189
 Auditor: **Don Lobb** 9598 5546
 Assistant Functions: **John Green** 9580 6820
 Assistant Meetings: **Simon Appel** 9585 6956
 * Assistant Secretary: **Alan Stevens** 9597 0235
 * Membership: **Peter Flude** 9585 5550
 Grapevine: **Geoff Wade** 9588 2593
 Sommelier: **Bill Green** 9596 1548
 Audio Visual: **Paul Crompton** 9583 1310
 Archive: **John Howe** 9598 2429
 Photographer: **Ian Maskiell** 9592 3380

*** Interest Groups**

Bike Riding: **Duncan Gibson** 9585 3547
Ken Beadle 9589 6120
 Discussion: **Barry Amond** 9589 1143
 PRISMS: **Bill Davis** 9592 5982
 Wine Appreciation: **Roger Wilson** 0418395946
 Golf: **John Pound** 9521 8252

Bowls: **Ted Montfort** 9589 5949
 Digital Technology: **Geoff Wade** 9588 2593
 Music/Opera: **Barry Amond** 9589 1143
 Tastes: **Alan Stevens** 9597 0235
 Bridge: **Alan Farmer** 9598 2791
 Theatre: **John Green** 9580 6820

FROM THE PRESIDENT



Roger Wilson

Recently, Beaumaris Probud members and friends visited the Immigration Museum in Flinders Street which was the Customs House built in Melbourne in 1841, some of the original parts of which are still there to be seen. An exhibition about India's famous Mahatma Ghandi was on display in the large hall in the centre of the main building. It was very inspirational to me and I am sure to many other members who had the opportunity to see this fine display and follow the life, trials and tribulations and leadership of one of the world's great leaders. Ghandi was born on October 2, 1869, and was assassinated on January 12, 1948, aged 78. Ghandi trained as a lawyer in London and led the Indian independence movement against British rule in India and inspired movements for civil rights across the world, becoming the unofficial Father of the Nation in India. He famously led Indians, first, in challenging the British-imposed salt tax with the 250-mile (400km) Dandi Salt march in 1930 and later, in 1942, to demand the British quit India. He was imprisoned for many years in both South Africa and India, ate simple vegetarian food and also undertook long fasts as a means of both self-purification and political protest. A hero to his people, Ghandi's birthday, October 2, is commemorated in India as Gandhi Jayanti, an Indian national holiday and worldwide as the International Day of Non-Violence. The world needs inspiring leaders like Ghandi, people who are leading the Peace Trail – not pursuing war and aggression.

May Keynote Speaker: Bill Noonan OAM

Topic: Retirement? What Retirement? (Also, the title of his book.)

Bill had 40 years in the union movement, Foundation Director and Chair of the Victoria Police Blue Ribbon Foundation, and Founding Director and current Chair of the Institute for Breathing and Sleep, Australia Day Ambassador, marathon running, buying rams and digging post holes on his hobby farm.



Bill follows the saying: "No rest for the wicked and a sight less for the righteous."

Amazing But True

Number of kangaroo-car collisions in Australia per year: 70, 000



[7.30 ABC Television]

NOTICEBOARD

Tastes

Where: Il Forno 273A Hampton St Hampton
When: Thursday May 31 Cost: \$50 pp
Time: 6.30 pm Carefully selected wines available
@ \$15 per bottle

[Click Here](#) to register

Alan Stevens

Discussion Groups

Barry Amond

On May 8 and 11, members will discuss one of the big current topics:

Population, Immigration and Infrastructure.

In April, we tackled 'Happiness' and aired our thoughts on what makes us happy. We agreed that despite ups and downs, we are a lucky group of people! We then turned to all the opportunities for volunteering. (I am hoping that Geoff Bransbury will address the club in future on this subject.)

The next meetings will be in July (nothing in June).

Lunch at the Beaumaris Sports Club

Last month there was a significant reduction in the numbers staying for lunch. Accordingly, I am asking for feedback: would members appreciate a change in menu from the usual soup, followed by a roast or fish and chips. Options: no soup and a change to a choice of two such as chicken parmigiana, beef hamburger, calamari salad, roast of the day or chicken risotto – these meals are likely to be larger but a reduction in price. It may also be possible to retain the soup but have a variety of other meals on a rotation of basis so that there is more variety. There may need to be some changes to your sign-in procedure, such as you may need to select your meal on arrival. I would be interested to hear from as many as possible as to your thoughts on the above. Please contact me ASAP by email (geoffmarg@bigfoot.com.au) or by phone to 9588 2593 with your thoughts.

Geoff Wade

Know Your Fellow Members

Our Club has an amazingly diverse and interesting group of members. Our member profiles on the website are a means by which we can better get to know one another. You'll be surprised! Did you know, for instance, that Alan Farmer once flew Tiger Moths, that Robert Lander took time out from his accountancy business to run a B&B, that Paul Crompton is making a difference with his 'surprise boxes' for autistic kids and that Bill Davis' hobby is collecting early English glasses? And that's just for starters! We now have 20 Member Profiles in the Members' Section of the website, most of which were originally published in this Newsletter and have now been updated. We would like to add your profile - it's up to you - but we are hoping you will participate. [Click Here](#) for more info. To take a look at the 20 profiles, visit the Members' Section and click on Member Profiles. [Click Here](#). (You will need to add the Password.)

Geoff Bransbury

Bridge Update

The group is currently negotiating with Victoria Golf Club management on an arrangement that would allow non-VGC members/Probus members to enjoy the member facilities and catering while playing bridge together. We have a large and growing group of players but would always welcome newcomers.



Bridge enthusiasts (from left to right): John Smyth and Jim Duggan, Ken Beadle and Alan Kermond, and John Fisher and Tony Bowles

Bike Group

Ken Beadle

Our May ride is approximately 30 km along the Bay Trail north to Westgate Park. We will meet at the Black Rock carpark at 9 am and then ride along the Bay Trail through Brighton, Elwood, St. Kilda and Port Melbourne to the Yarra. After navigating our way through Westgate Park, we will have coffee and muffins at our usual riverside cafe before riding through Fishermans Bend to Flinders Street station for the return train ride to Bayside.

The route is flat, on bike paths. Riders living on the route can join us along the way rather than start at Black Rock. All are welcome. Please remember to bring your MYKI card. NOTE: Please advise me by email if you intend to ride. If you will be joining us en route, please nominate where.



The Probus bike group in all their glory: John Pound, Rod Kelly, Geoff Bransbury, Geoff Carlson, Jim Duggan, Duncan Gibson and Ken Beadle – at the summit of the famous 100 Steps to Federation; and crossing the bridge at Altona Meadows.

Music Group

Barry Amond

There will be the usual varied program when we meet on May 30 at 7pm. All opera lovers are encouraged to tell me what they would like to be shown at this year's evening on August 29.

Annual Golf Trip 2019 See p5
Full report from John Pound



FUNCTIONS & ACTIVITIES

John Beaty & Andy Coogan

June

Candlelight Dinner at the Sandringham Yacht Club

Thursday June 28

The Guest of Honour will be Ralph Butcher on his 100th birthday. Cost: \$75 pp
2- course dinner and drinks, house wines, beer and soft drinks. 6.30 pm for 7 pm.

To register [CLICK HERE](#).

The dinner this year has Ralph Butcher as our Club Guest as we celebrate with him his 100th birthday. Not many of us will make this landmark and this is our opportunity to celebrate his achievements including to our Probus Club but also to Legacy Club Melbourne where he has given valuable service to families and widows of servicemen who have served our country, many of whom have given their lives for us.

Dress: Jacket and tie with equivalent for ladies. If you haven't already done so, please register on the sheet at our May club meeting or online on our website. Money to be paid to the Treasurer as soon as possible. We need to have an idea of numbers by the end of May so please take action today. We are looking for an attendance of at least 120 members and guests. It will be fun so PLEASE DON'T MISS IT.

August

Millionaire Hot Seat (Channel Nine)

Tuesday August 28

Look forward to joining Eddie McGuire while watching this exciting show being recorded. Channel Nine have invited us to join the audience. Food, drink and free on-site parking provided plus audience prizes.

Wives and friends are also particularly welcome so please put it in your diary and indicate your interest at our next meeting. Do not hesitate to advise if you need a lift.

It will be great fun, and being a quiz show, interesting too. [CLICK HERE](#) to register.

When : TUESDAY AUGUST 28

Where: DOCKLANDS.

From Andy Coogan

Re: Melbourne Symphony Orchestra. Unfortunately the *West Side Story* rehearsal plan didn't work out so watch this space - we hope to organise a visit later this year when the orchestra is rehearsing for something else.

In closing, thank you to the members who offered suggestions for future outings. I recently attended a Probus Information Day and welcomed the amount of ideas suggested by other clubs which we will pursue in the near future. So, for now, if you have any good activity ideas be sure to share them with me at the next meeting.

Sri Lanka 2019

Date not finalised but January/ February for 14-day holiday tour of Sri Lanka, as advertised on the website. This tour will be going ahead and firm bookings will be confirmed with actual dates in the next 2 to 3 weeks

Understanding Dementia

Keynote Speaker for April, Dementia Australia's Brenda McAuley-Hines visited us for the purpose of informing us about the awful disease known as dementia. She began by asking the group: What is dementia? She explained that dementia describes a collection of symptoms caused by disorders that affect the brain; it is not one specific disease. It is a condition that affects a person's thinking, behaviour and ability to perform everyday tasks and there are more than 100 different causes which include Alzheimer's disease, dementia with Lewy bodies and early onset dementia. Dementia is an umbrella term that refers to the symptoms caused by changes in the functioning of specific areas of the brain. Symptoms typically take months or years to develop. However, the ageing process does not mean that dementia will occur but it does increase the risk of it occurring.



"Symptoms vary widely between people"

An early warning sign of dementia and Alzheimer's disease is memory loss; indeed memory loss is the most common presenting symptom but symptoms vary widely between people including vagueness in everyday conversation, forgetting of places and people, loss of enthusiasm, emotional instability. Some people suffer hallucinations and paranoia. There is no specific treatment but positive results can be obtained through a wide variety of cognitive and behavioural therapies and medicines.

Discussion with a medical practitioner as early as possible is necessary if positive treatment is to be identified, she said. Brenda impressed all members with her clear and informative presentation on this very serious topic.

John Bushby

Birthday Boys – May

Rod Kelly 1/5	Neil Jones 3/5
Barry Amond 4/5	Don Lobb 5/5
Andy Coogan 7/5	Kevin Reed 7/5
Brian Davey 10/5	George Fabiny 12/5
Ossie Obst 15/5	Bob Matthews 24/5

Reminder: Tastes

Thursday May 31 6.30 pm
Italian family restaurant: Il Forno
273A Hampton Street Hampton
\$50 pp

Everything You Wanted to Know About Rain But Didn't Dare Ask



"...water is unique in that it is the only substance that is found in all physical states - liquid, solid and gas."

In Grant Sabin's presentation on "How It Rains - An Introduction To Cloud Physics", we were educated in the physics behind something that we all take for granted. He reminded us that water is unique being the only substance that is found in all physical states - liquid, solid and gas. When it arrives as rain, it goes through our bodies carrying valuable chemicals, minerals and nutrients.

Water becomes rain when it is condensed from the aqueous vapour in the atmosphere falling to earth as drops. It is formed primarily in three ways: at weather fronts when the water vapour cools and condenses; along mountain ranges when a warmer mass of air is forced to rise over a mountain and its water vapour cools and condenses; and finally by convection in hot climates when water vapour in rapidly rising masses of warm air suddenly cools and condenses.

Grant told us, despite popular belief to the contrary, that almost all cloud-seeding experiments had been unsuccessful. For even non-scientific members, his meticulous description of the many complexities of the physics underpinning the everyday rain cycle was fascinating and we commend Grant for helping us to understand this common, albeit mysterious, process.

John Bushby

Annual Golf Trip March 2019

Our major golf trip next year to the Rich River Golf Resort at Echuca/ Moama is already fully booked. We have a waiting list, and if past history repeats itself, some places will open up as we approach the deadline.

Dates: Tuesday March 26 to Thursday March 28 with two games of golf and an interesting program for non-golfing partners.

Anticipated costs: \$520 per golfer, and \$500 per non-golfer.

Those interested in being potentially included should e-mail me at jaypound@hotmail.com and more details can be supplied if required.


John Pound

Mississauga CONTACT

For those who wish to access the May newsletter of the Mississauga Probus Club,
[CLICK HERE](#).

Probus Club of Beaumaris Events Calendar

Tuesday May 8	9.30 am	Bridge	Victoria Golf Club
Tuesday May 8	2 pm	Discussion Group	25 Third Street Black Rock
Friday May 11	9.30 am	Discussion Group	25 Third Street Black Rock
Tuesday May 15	10 am	GENERAL MEETING	Beaumaris Sports Club
Tuesday May 22	9.30 am	Bridge	Victoria Golf Club
Wednesday May 23	8 pm		Brighton Theatre Company
Wednesday May 23		CLOC Strictly Ballroom	National Theatre
Friday May 25		Bike Ride	
Tuesday May 29	9.30 am	Bridge	Victoria Golf Club
Wednesday May 30	7 pm	Music Group	25 Third Street Black Rock
Thursday May 31	6.30 pm	Tastes	Il Forno
No Discussion Groups in June			
Tuesday June 19	10 am	GENERAL MEETING	Beaumaris Sports Club
Thursday June 28	6.30 pm for 7 pm	Candlelight Dinner	



Penguin Competition

A small prize if you can guess who is the latest penguin guide on the St Kilda foreshore.

Clue: A very prominent member of the Probus Club of Beaumaris

Answer: At right