



NEWSLETTER

PROBUS CLUB OF BEAUMARIS Inc.

Reg No. A 001-6598G

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Issue No. 279

July 2013

Next Meeting: 10 am Tuesday July 16 at The Sandringham Club

Keynote Speaker: Professor Mike Sandiford

Topic: Energy: The Shape of Things to Come

10-Minute Speaker: Paul Crompton Blazeaid

Professor Sandiford is Director of the Melbourne Energy Institute and Professor of Geology at the University of Melbourne. As director of the Institute, he oversees the University energy research portfolio and has been responsible for developing its focus on the opportunities and challenges of integration of low emission technologies in large-scale, sustainable energy systems.

DID YOU KNOW?

Over 75% of our electricity generation comes from coal but solar hot water usage has trebled in the last five years, although renewable energy accounts for only 5% of energy consumption. Over the last 30 years electricity prices have gone up by a factor of five; however, our electricity is still quite inexpensive by global standards and petrol prices are low by global standards as well. Taking the bus is not much more efficient than driving a car; and sending goods on trains is far more energy efficient than our current preference for trucks. The most energy efficient state in Australia is Victoria (thanks to a service industry focus); the least is Western Australia (thanks to a mining industry focus).

Acknowledgement: www.nenergy.com.au



Our Excursion to the Mornington Regional Art Gallery



Elizabeth Harford and Merry Bransbury (above) and Tony Bowles (right) take a close look at the Archibalds at the Mornington Gallery



Dr Margo Honeyman delivering her Vitamin D tour de force at the June meeting. See report p3.

PROBUS CLUB OF BEAUMARIS Inc.

Office Bearers 2013

* President: Peter McGregor	9533 4760	* Vice-President: Peter Harford	9592 6797
* Past President: Bruce Tomkins	9591 0076	* Secretary: John Howe	9598 2429
* Treasurer: Geoff Carlson	9589 4884	Auditor: Don Lobb	9598 5546
* Activities: Geoff Bransbury	0416294452	* Assistant Functions: John Green	95806820
* Meetings: Duncan Gibson	9585 3547	* Assistant Meetings: Geoff Wade	9588 2593
Almoner: Andrew Watson	9589 5913	Archive & Grapevine: Roy Petch	9589 5757
* President's Table: Alan Stevens	9597 0235	Sommelier: Bob Matthews	9583 9958
Speakers' Recorder: Alan Williams	9598 7550	Audio Visual: Paul Crompton	9583 1310

* Committee Members

Interest Groups

Bike Riding: Noel Ineson	9589 5263	Bowls : Ted Montfort	9589 5949
Discussion: Barry Amond	9589 1143	Digital Technology: Geoff Wade	9588 2593
Investment: Barry Donaldson	9598 6446	Music/Opera: Barry Amond	9589 1143
PRISMS: Bill Davis	9592 5982	Tastes: Peter McGregor	9533 4760
Theatre: Robert Dun	9589 5456		

FROM THE PRESIDENT



PETER MCGREGOR

“

Look
up and
live

“

I am very pleased that the role of President of this Probud club doesn't involve giving advice. I am the last person to give anyone any advice - especially unsought - about anything. This is particularly true of advice to young people; however, I am sorely tempted. When I was a very young lad, I must have had a predilection for looking downwards at the footpath as I walked because my father often berated me with one of his aphorisms, "Look up and live." Which I deeply resented, of course. Although I'm not sure why I did it initially, looking down often brought great rewards - there were sometimes interesting things that others had dropped lying on the footpath or in the grass. Even in later years, I have found gems lying around waiting for me to find: I often find five cent pieces, once or twice I have found a \$50 note, but my greatest find was an 'expensive' lady's watch outside the bank in Bay Road. I took it to the local police station and filled out numerous forms, only to return some months later and claim it as mine - which I gave to my daughter-

in-law who thought it wonderful. The rewards of watching where you walk - but in stark contrast to today's young people. Sitting in the train on the way to the football from time to time, I can't help noticing other passengers - most of them many years younger than me, all looking *down* intensely into a hand-held gadget that seems to completely enslave their attention; you might say, the equivalent of navel-gazing. iPhones, iPads, you name it. They are totally oblivious to the world around them, possessed by instant and persistent messaging. Glazed eyes, thumbs twitching, it is like watching someone long-addicted to malign substances. It has been described as 'the contemporary hazard of constant stimulation'.

I have been tempted to jump up at some point in the journey, look out the window and yell in alarm, "Did you see that?" - hoping that it might have some effect on the twitchers. I am also tempted to call out in a loud voice, "Look up and live!" But something holds me back.



President Peter welcomes new member, Ian Maskiell, to the Club at the June meeting. Ian comes to us with an engineering background with Philips Industries in colour television

DID YOU KNOW?

Last year, 73% of Australia's wool clip went to China. By 2035, China will be using a fifth of all global energy - a 75% increase since 2008. China already has installed wind power capacity about the same size as our entire electricity network

DON'T FORGET

President's Christmas Lunch

Friday December 13 More details next month

NOTICEBOARD

Investment Group

Members will meet as usual 8.45-9.45 am before the General Meeting. Topic: Buy/Sell options

Bikie Group

Our next ride is a 25 km run on Friday July 26. This ride starts from Dandenong and travels along the magnificent new Eastlink Trail following the route of the new road alongside Mile and Yarraman creeks to pick up the Dandenong Creek Trail to Jells Park Tea House for coffee, returning on the same route.

Riders in the winter months are a select group unafraid of wind and cold. Seen here together at the Mordialloc Creek en route to the new suburb of 'Waterways and its associated wetlands where, as usual, fine coffee and cake were enjoyed.

Duncan Gibson



Noel Ineson

Digital Technology Interest Group

The next meeting of the Digital Technology Interest Group will be held at Barry Amond's house, 25 Third St, Black Rock on Tuesday August 6 commencing at 2:00 pm. Items for discussion will include essential computer routine maintenance. Other items can also be added to the agenda and suggestions should be forwarded to Geoff Wade at geoff-marg@bigfoot.com.au. An attendance sheet will be available at the July Probus meeting.

Howlong Golf Trip

There are still some vacancies for the Howlong Golf Trip, October 26-30 inclusive. If you are already booked and have some friends who would like to join us please contact Geoff Wade.

DVDs Available

DVDs of the wonderful speakers we are privileged to experience are available for viewing at home with wife and family or friends. This is a fantastic opportunity provided by Paul Crompton who meticulously records guest speakers at our monthly meetings. See Paul to borrow copies of these fascinating, exclusive DVDs.

New Member

▶▶ I J MASKIELL ▶▶

25 Seymour Grv, Brighton 3186. 9592 3380

imaskiell@bigpond.com

Born Melb, 1941. B.E.E. Eng manager, Philips, Consumer Products, Aust.

Photography, computing, tennis, travel. [club '13]



Keynote Speakers 2013

In the coming months, we will be hearing Keynote Speakers on the subject of Refugees and Asylum Seekers, research into the development of the Bionic Eye and exotic tales of a VRC Handicapper.

A Little Burst of Sunshine

Immunologist and Senior Scientist at the Walter and Eliza Institute, Dr Margo Honeyman, presented a strong case for embracing the benefits of Vitamin D. While it can be accessed by exposing our skin to sunlight 10-15 minutes twice a week, supplementary capsules should be taken during the winter months when sunshine or UV concentration is limited. Tests have indicated that Vitamin D has an important effect on the immune system and could assist in reducing the risk of developing diseases such as diabetes, MS, cancer and heart disease. It has also been found to be crucial to aid the absorption and metabolism of calcium and phosphorous in maintaining healthy bones, avoiding osteoporosis in the elderly and rickets in children. In a lively and graphic presentation, Dr Honeyman detailed studies showing the people most at risk of Vitamin D deficiency live in latitudes further from the equator, such as the UK where many Asian migrants were found to have a high incidence of TB as a direct result of a lack of Vitamin D, including Muslim women who cover themselves avoiding any exposure to sunlight. In Australia for some years, we have assiduously protected school-age children from the sun but studies now show there is a risk of a higher incidence of asthma occurring in those with low Vitamin D levels.

Alan Williams

Lloyd Jenkins warming to his task



The Mackinnons of Mooramong

Thanks to Lloyd Jenkins for his tale of the life and times of Scobie Mackinnon, son of LKS Mackinnon, of the racing fraternity's Mackinnon Stakes fame. In 1927, to celebrate Scobie's 21st birthday, he gave his son Mooramong, a sheep station located near Skipton in the Western District. At the age of 31, Scobie went to London on holiday where he met Claire Adams, a retired silent movie actress; they married after a three-week whirlwind courtship returning, to Mooramong where, in spite of many sniping predictions, they lived out their lives in blissful harmony supporting the local council, hospital and the many charities in the district. Scobie enjoyed his Rolls Royce cars including a Silver Ghost to travel to Melbourne and parties in Ballarat. Meanwhile, Claire converted the homestead into an art deco Hollywood mansion which is now owned and maintained by the National Trust and can be viewed along with collectables and artifacts reminiscent of that era. Claire and Scobie died in the 1970s but their Mackinnon Trust still makes considerable donations to the local school and a range of other beneficiaries.

Alan Williams

A Towering Achievement

Congratulations to Les Hall who in June became the oldest person to climb the Sydney Harbour Bridge. Les, 91, said it was no trouble at all and everybody should do it.

FUNCTIONS & ACTIVITIES

PLEASE PLACE ON YOUR FRIDGE OR NOTICE-BOARD

LAST CHANCE Friday July 19 Monet's Garden Exhibition

Please email Geoff Bransbury ASAP (brans@iinet.net.au) or call 0416 294452 if you would like tickets for this exhibition. Cost: \$26pp

Wednesday August 7

South Gippsland Railway

The bus leaves the Community Centre at 9 am. Enjoy the trip!

Wednesday August 21 & 28. Tour of Desalination Plant and Lunch at "The Killy", Kilcunda.

[NOTE: Both trips are now full but because of enormous interest in this trip, we are arranging a THIRD trip on Tuesday, October 1. Please register for that trip or put your name on a waiting list for one of the August trips in case there is a cancellation. Cost" \$60. Please pay ASAP.]

The bus leaves SHARP at 8.30 from the Community Centre, Reserve Road, Beaumaris, to Wonthaggi.

Please be early as we can't wait - we MUST be at the plant on time! Return to Beaumaris at 4.00 - 5.00pm.

This will be a very interesting and special day. [Third Desalination Plant Tour and Lunch Tuesday October 1]

September

Hamer Hall

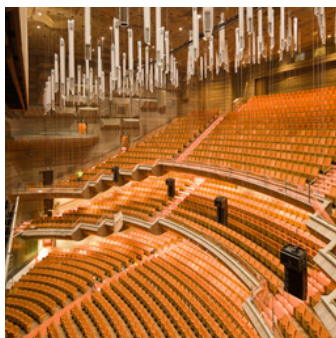
Aperitivo Tour

Friday September 6

A behind-the-scenes tour of the newly-refurbished Hamer Hall. This tour ends with guests being served canapés accompanied by a glass of sparkling wine.

Cost: \$25 Meet: 10.45am in front of Hamer Hall.

Tour starts 11 am sharp. We need at least 25 people to get the special \$25 price (otherwise \$30). Register now at the Functions Desk!



A Festival of Russian Ballet

Sunday September 22

At the Palais at 1.30 pm.

Tickets have been purchased and will be available at the August meeting. If you are interested in coming but haven't registered, please see us at the desk and we will try and arrange a ticket for you.

The Ballet features a diverse programme in three acts including *The Nutcracker* and *Bolero*. Also highlights from the world's great ballets including *Giselle*, *The Dying Swan*, *Carmen*, *Le Corsaire* – and more.

Payment of \$90 per seat required immediately!

November

Mooramong, Ballarat and the new Museum of Australian Democracy

Wednesday November 13 and Thursday 14

A very interesting and varied trip over two days awaits us. Following Lloyd Jenkins' talk last month, we are pleased to offer a visit to Mooramong Homestead at Skipton on Wednesday November 13 stopping overnight in Ballarat. After breakfast, we will visit the new Museum of Australian Democracy at Eureka (M.A.D.E) as well as other sights and have lunch at The George.



Mooramong is a National Trust property and was once a successful sheep property owned by the Mackinnon family. The property was remodelled to reflect a touch of Hollywood and is fascinating! The trip includes coach travel, two lunches, a three-course dinner, overnight accommodation at 3.5 stars Ballarat Mid City Motor Inn, cooked breakfast, tours and even a wine tasting.

Cost is a very reasonable \$281 pp (if 30 passengers). Single supplement: \$35.

Gourmet Tastes - Special Argentinean Roast Suckling Pig

Thursday September 26 True South Brewery, Black Rock

Very few places left. We will enjoy a whole Roast Suckling Pig done the Argentinean way (which is amazing).

We will have dessert and coffee but drinks are not included and are at True South's (reasonable) prices. Note: We are advised that some people may find the spectacle of a full pig roasting somewhat confronting.

Time: 7 pm. Price \$50 pp (Drinks not included)



November

Our Annual Night races and FABULOUS Buffet at Moonee Valley's Legends restaurant

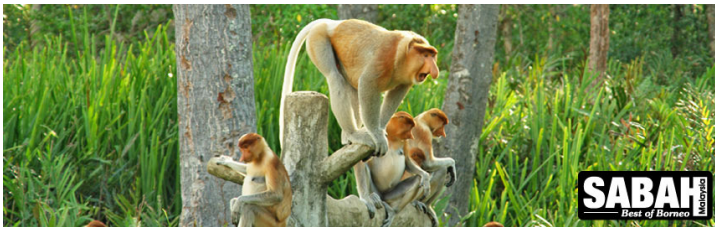
Friday November 29



Yes, it's on again and good news....The price is the same as last year!! A luxury bus will pick us up from the Community Centre (time to be advised later but around 5 pm) and take us to Moonee Valley for a terrific night of food and fun. For the past two years, this event has been regarded as a night to remember! The buffet at Legends is amazing with a wide range of excellent food to choose from – assorted seafood, roasts, Asian delicacies and more. We leave Moonee Valley at 10 pm.

You DON'T need to enjoy horseracing to enjoy this evening, so please come. It is being announced early so there is plenty of time to make necessary arrangements.

Cost \$60 (includes bus and buffet). Drinks not included. Book now!



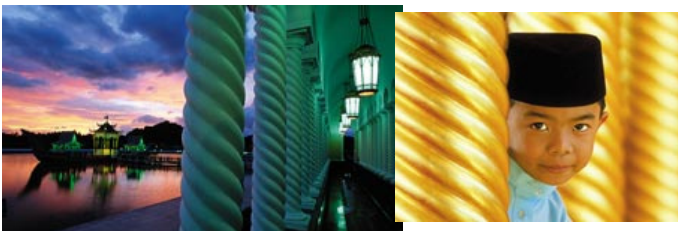
April 2014

Overseas trip to Sabah, Borneo and Brunei

Sunday April 27 - Sunday May 4 (8 days)

Sabah—One of the 13 states of Malaysia
Borneo—In Indonesia; largest island in Asia
Brunei—Independent rainforest covered country on the northern edge of the island of Borneo

A destination perhaps less visited but of interest to some is Borneo/Brunei. There have been fabulous reviews from other Probus groups. A tentative date has been reserved for our Club. It is amazingly good value! We would like your feedback if interested.



Highlights of the trip include:
Brunei - Malay Water Village Highlights Cruise....
Brunei Museum....The Royal Regalia Exhibition Hall....

Dr Margo Honeyman

We hope to have a DVD of Dr Honeyman's complete address, 'Ageing Disgracefully', but in the meantime her Power Point presentation is available. Contact Peter McGregor.

Royal Palace Entrance Photo Opportunity.
Stunning Hassanil Bolkiah Mosque... Lok Kawi Wildlife Park - Borneo's Pygmy Elephants, Orang Utans, Otters, Gibbons, Proboscis Monkeys, Rhinoceros, Hornbills & Parrots..... Botanical Garden.....Kampung Nelayan Floating Seafood Restaurant, Dinner & Multi-Cultural Show....Historic North Borneo Steam Railway Journey - Includes Colonial Style "Tiffin" Luncheon on Board..... Nabal Village Markets..... World Heritage Mount Kinabalu Park Guided Tour - featuring some thousand species of orchids, rhododendrons & pitcher plants... Dinner at The English Tea House; Mari Mari Cultural Village plus more!

Also a visit to the Beautiful Kundasang War Memorial & Australian, British & Malaysian Gardens;



Tour Inclusions: Return Group Airport Transfers, Return Flights Melbourne / Brunei / Kota Kinabalu / Melbourne. Luxury Coach Travel /Luxury Hotel Accommodation\Breakfast, Lunch & Dinner as per itinerary (15 Meals). All Entry Fees and Guides as per Itinerary. This trip (especially for Beaumaris Probus), requires a minimum of 20 people
The cost for this trip is only \$2434 pp. twin share, (440 single supplement).

If interested in this trip, email or phone John Green johnfgreen@gmail.com or 9580 6820

Thanks

The pictures that appear in the newsletter are not the result of magic or chance. Someone has to take them. In many cases, that 'someone' is Geoff Wade and we express our thanks for the fine camera work he does.

Probus Club of Beaumaris

Events Calendar

Tuesday July 16	08.45 am 10.00 am	Investment Group General Meeting	Sandringham Club
Friday July 19		Monet's Garden Exhibition* NGV (* denotes requires payment)	
Friday July 26		Bike Ride	
Tuesday August 6	2.00 pm	Digital Technology	25 Third St Black Rock
Wednesday August 7	09.00 am	South Gippsland Railway *	Community Centre
Friday August 9	2.00 pm	PRISMS	25 Third St Black Rock
Tuesday August 13	2.00 pm	Discussion Group	25 Third St Black Rock
Friday August 16	10.00 am	Discussion Group	25 Third St Black Rock
Tuesday August 20	08.45 10.00 am	Investment Group General Meeting	Sandringham Club
Wednesday August 21		Brighton Theatre Company <i>Echoes</i>	
Wednesday August 21	08.45 am	Day Trip: Desalination Plant*	Community Centre
Friday August 23		Bike Ride	
Wednesday August 28	08.45 am	Day Trip: Desalination Plant *	Community Centre
Tuesday September 3		Digital Technology	25 Third St Black Rock
Friday September 6	10.45 am	Hamer Hall Aperitivo Tour*	
Tuesday September 10		Discussion Group	25 Third St Black Rock
Friday September 13		Discussion Group	25 Third St Black Rock
Tuesday September 17	08.45 am 10.00 am	Investment Group General Meeting	Sandringham Club
Sunday September 22		Russian Ballet*	
Thursday September 26	7.00 pm	Gourmet Tastes: Roast Suckling Pig *	True South
Friday September 27		Bike Ride	25 Third St Black Rock
Tuesday October 1	8.30 am	Third Desalination Day Trip*	Community Centre
Tuesday October 1	2.00 pm	Digital Technology	25 Third St Black Rock
Tuesday October 8	2.00 pm	Discussion Group	25 Third St Black Rock
Friday October 11	10 00 am	Discussion Group	25 Third St Black Rock
Tuesday October 15	08.45 am 10.00 am	Investment Group General Meeting	Sandringham Club
Friday October 25		Bike Ride	
Sunday October 27- Wednesday 30		Annual Howlong Golf*	
Wednesday November 13-14		Mooramong *	
Monday November 18		Probus Vic Golf Challenge*	Cranbourne GC
Tuesday November 19	08.45 am 10.00 am	Investment Group General Meeting	Sandringham Club