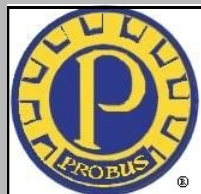


NEWSLETTER



PROBUS CLUB OF BEAUMARIS Inc.

Reg No. A 001- 6598G

Correspondence to: PO Box 57 Black Rock VIC 3193

Editor: Peter McGregor 9533 4760

Probus Bank Details: CBA BSB 063-144

Account No 10121288



Issue No. 301

July 2015

Next Meeting: 10 am Tuesday July 21 The Sandringham Club

Keynote Speaker: Graeme Weber Independent Conservative
Topic: Nuclear Power: An Alternative Energy Source?

10-Minute Speaker: Graeme Keys
Through the Rip with the Port Phillip Sea Pilots

“Australians support the adoption of a modern, properly regulated and well-considered alternative power source that ensures the nation can balance its economic and environmental and social needs into the future. [I intend to] demonstrate that the reactionary, alarmist and ideological driven anti-nuclear lobby should no longer control the political debate”
Graeme Weber



CANDLELIGHT DINNER
Some of the many faces from the very successful night at the Sandringham Yacht Club – too many to mention individually
[Photos: Ian Maskiell]

PROBUS CLUB OF BEAUMARIS Inc.

Office Bearers 2015

* President: Kevin McDonnell	9598 8209	* Vice-President: Geoff Bransbury	9589 1507
* Past President: Peter Harford	9592 6797	* Secretary: Alan Stevens	9597 0235
* Treasurer: Geoff Carlson	9589 4884	Auditor: Don Lobb	9598 5546
* Activities: Ken Beadle	9589 6120	* Assistant Functions: John Green	9580 6820
* Meetings: Geoff Wade	9588 2593	Assistant Meetings: Keith Ross	9589 3580
Almoner: Andrew Watson	9589 5913	Archive & Grapevine: Roy Petch	9589 5757
President's Table: David Robertson	9551 1930	Sommelier: Bill Green	9596 1548
Speakers' Recorder: John Bushby	9598 7113	Audio Visual: Paul Crompton	9583 1310
Projectionist: Philip Stewart	9589 3309	* Committee Members	

Interest Groups

Bike Riding: Noel Ineson	9589 5263	Bowls: Ted Montfort	9589 5949
Discussion: Barry Amond	9589 1143	Digital Technology: Geoff Wade	9588 2593
Investment: Peter Harford	9592 6797	Music/Opera: Barry Amond	9589 1143
PRISMS: Bill Davis	9592 5982	Tastes: Peter McGregor	9533 4760
Theatre: Tony Bowles	9598 7973	Wine Appreciation: Roger Wilson	9589 3907

FROM THE PRESIDENT



Kevin McDonnell

Another financial year has come to an end and for those who invest in the share market, it has been a year of volatility, culminating in a Greek tragedy on June 30 which saw our share market decline by 2%. The 2007 GFC highlighted weakness within certain economies of the world, especially Ireland, Greece, Italy and Spain. The response by governments was to create cheap money through low interest rates and government deficits in order to stimulate economies. Despite years of deficits, by EU members and the US, attempting to kick start their economies have only been partly successful.

One of the unintended consequences of low interest rates has been a tide of money looking for a home. Some of the money has found its way to hedge funds where a degree of risky investments have been

made. Greece is a classic situation of a country living beyond its means with welfare programs that in the long term have proved to be unsustainable. Greece currently owes 320 billion euro, of which hedge funds hold over 30%. Bond yields have increased to 11% in the last month; youth unemployment is now at 65%; its economy has contracted by 26% since 2007.

The situation in Greece is a salutary lesson for other countries of the consequences of living beyond your means. Creditors tend to be unsympathetic when it comes to money and opportunists look to exploit any situations of weakness. Whilst Greek debt may not be significant by world standards, share markets do not like uncertainty with the prospect of contagion in the minds of investors. Share markets are likely to experience volatility for the foreseeable future.

TEA & TALK

[Photos by Ian Maskiell]

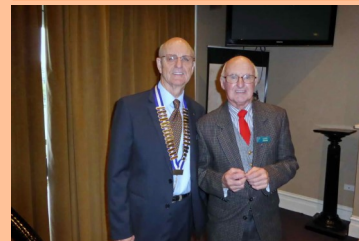


*Morning tea at the June meeting. Far left: Tony Bowles and Rod Murrell; near left: Noel Ineson and Ian Martin
Below left: President Kevin, Keynote Speaker Terence Seedsman and his twin brother, David; Jim McGann, Keith Ross and Peter McGregor adjust their name tags*



Above: Bruce Kaplan and Gerald Ettershank

Below: President Kevin presents Lloyd Jenkins with his 20-year pin



NOTICEBOARD

Investment Group: 8.45 am

Kane Miller, Associate Director Superannuation, Dixon Advisory, and a Senior Investment Advisor

Digital Technology Group

The next meeting will be held on Tuesday August 11 commencing at 2 pm at 25 Third St, Black Rock. Items to be discussed will be advised at the July General Meeting.

Geoff Wade

Dopey Old Bloke



Geoff has arrived in Mississauga, Canada.

"This is their hiking group. I joined them for some of their walk and coffee. Nice folks," Geoff says.

The link to follow Geoff Bransbury and his trusty bike, Azulo, on their way across North America is: [Dopey Old Bloke](#)

Reminder From the Treasurer

Geoff Carlson

The functions desk at our monthly meetings is often very busy. To assist, please note the following: Receipts to be issued for all cash paid and should indicate amount and function or event. Receipts will NOT be issued for payments by cheque unless specifically requested. It would be helpful if the function for which the cheque is to apply is noted on the back of the cheque. We welcome and encourage payments to be made direct to the club's CBA bank account by online transfer. See p1 and/or 6.

Bike Group

Noel Ineson

The next ride is Friday July 24. Assemble at 9 am at the beachside car park near Hampton St (see map 76 F7) and ride along the attractive beachside trail through St Kilda and Middle Park to Armstrong St., then around Albert Park Lake followed by coffee in Armstrong St. before returning along the beach. This is an easy ride of 22 km.



Pics from the last bike ride on June 12, guided by Ken Beadle - rest breaks at the Collingwood Children's Farm (where the toddler's father kindly consented to take the photo) and at Dights Falls where there was a good flow. See their blog: beauyriders.wordpress.com

IMPORTANT NOTICE

In this the 301st edition of the Beaumaris Probus newsletter, we are pleased to announce the arrival of hyperlinks. This means that links highlighted (eg. [in blue](#) under Dopey Old Bloke and at the end of the caption under the photos for the Bike Group) can be clicked to take you straight to a blog or website. Ed.

Wine Appreciation Group

Roger Wilson



From left: John Brimage, John Opie, Roger Wilson (standing), John Laing, Kevin McDonnell, Mal Carter, Gus Bravo, Ralph Butcher, Rod Murrell, Dick Kirby, Alan Farmer and Garry Sebo's vacant chair. [Photo:Garry Sebo]

Our second wine appreciation gathering attracted a group of 12 members where we raided host Roger Wilson's wine cellar and sampled six bottles of his vintage reds: Penfold's 2005 Bin 389 Cabernet/Shiraz came out on top, followed by Elderton 2002 Shiraz from the Barossa and in equal third place, Wynn's Coonawarra 2002 Cab Sav and Rosemount 2003 Show Reserve Cab Sav. Next meeting is at Roger Wilson's on July 28 at 2 pm with six members to bring a bottle of wine of their choice. Our fourth gathering will be Tuesday September 22 at the home of Kevin McDonnell in Sandringham. Our final tasting for 2015 will be a lunch at The Lobster Cave, North Concourse, Beaumaris, Tuesday December 1.

Theatre

Edinburgh Tattoo For those of you who have booked, tickets need to be paid for asap. Cost: \$135 per head. Please see Geoff Carlson immediately. NOTE: We are trying to get more tickets for those who missed out.

Singing In The Rain We have booked 22 seats in the Dress Circle for Wednesday May 18 at 1pm. Cost: \$71 (saving of \$19). We need a minimum of 10 and tickets must be paid for by January 2016. Please put your name on the sheet at the functions desk. *Tony Bowles*

Tastes: Calabrian Cuisine

Please go to p5 for full details of our next function.

Birthday Boys – July

Tony Bowles 3/7	Mal Carter 10/7
Frank Collings 20/7	Les Hall 6/7
Rod Murrell 1/7	Ken Rollason 12/7
Eric Slater 24/7 ★	John Smyth 24/7
[Special congratulations to Eric Slater this month on his 90th birthday]	

FUNCTIONS & ACTIVITIES

PLEASE PLACE ON YOUR FRIDGE OR NOTICE-BOARD

July

The WW1 Centenary Exhibition Melbourne Museum Thursday July 23

The War That Changed the World. This is the most significant exhibition from Great Britain's Imperial War Museum ever to visit our shores. We will travel independently and meet at the main entrance to the museum at 10.50 am for an 11 am group entry. After seeing the exhibition, you will have the option to stay on for lunch in the museum restaurant at your own expense. Cost: \$26 which covers entry to the museum and the exhibition. Please register and pay by July 21.

August

Masterpieces From the Hermitage The Legacy of Catherine the Great NGV Wednesday August 19

"Showcases one of the world's greatest art collections. Featuring works by artists including Rembrandt, Rubens, Velázquez and Van Dyck, the exhibition offers over 500 outstanding works which includes the finest group of Dutch and Flemish art to come to Australia." See below.



The most renowned and the longest-ruling female leader of Russia, reigning from 1762 until her death in 1796 at the age of 67. Her reign was called Russia's golden age.

We will travel independently to the NGV, St Kilda Road, and meet at the exhibition entrance desk at 9.50 am for a group guided tour commencing at 10. After viewing the exhibition, you will have the option to have lunch at one of the NGV cafes at your own expense.

Cost: \$31 which covers exhibition admission and guided tour. Please register and pay by Tuesday August 18.



September

NEW

Tour of Western Treatment Plant and Ramsar Wetlands, Werribee Wednesday September 23

[NOTE: Ramsar wetlands are recognised as a matter of national environmental significance]

We visit the oldest and largest treatment facility in Melbourne Water's assets - many say the best to visit, particularly in springtime. It includes morning tea/coffee, an overview of the facility and a tour of the site comprising the treatment plant, lagoons and Ramsar wetlands, home to many species of birds. Our coach leaves from the Reserve Road Library at 9.30 am to travel to Werribee where the program will commence at 10.30 am with a 20-minute presentation. This will be followed by a 2-hour tour utilising our coach to get around the extensive area.

The tour will finish at about 1 pm. We will stop to have lunch in the Werribee area (at own expense) before arriving back at Beaumaris (about 3 pm). Cost: \$50 per person which covers coach travel, morning tea/coffee on arrival, entrance and tour fees. Please register and pay by September 21.

Ken Beadle

Travel

John Green

5-day, 4-nights trip to the *Floriade* in Canberra from October 5 to 9 - up the Hume Highway and back via the Princes Highway. Highlights include a visit to the Royal Australian Mint, a bus tour of the embassy area, Changi Chapel at Duntroon and many others. Cost: \$930 pp (supp \$280). Hotel accommodation at this time of year is very tight so early bookings are advised.

There is also the opportunity of a 7-day trip which includes a 5-day cruise on the *Proud Mary*, from January 17. The trip includes return air flights to Adelaide, a short sight-seeing tour upon arrival; all meals and accommodation except for lunch on the day of arrival. Travel by bus to Murray Bridge to board the boat (36 people in 18 cabins). All cabins have their own en-suite, individual heating and cooling, and tea and coffee-making facilities. Cost: \$1725 pp twin share (\$2230 for anyone travelling alone). Minimum 10 required to clinch this deal but you will appreciate the need to book early. See brochures with the booking sheet at the functions table.

Lifetime of Transition

Our June Keynote Speaker, Dr Terence Seedsman, from Victoria University spoke about seeing ageing as transition from one aspect of life to another and the singular importance of not only understanding but managing that change. He cited Faith Baldwin's, "Time is a dressmaker specialising in alterations" and John Lennon's famous quip that life is what happens to you while you are busy making other plans. The secret to successful ageing, Terry says, is recognising that growing older involves managing the inevitability of change and the challenge to stay well. Dr Seedsman said that the real challenge of ageing is realising that it is not just an event but a process and our ability to deal with it is what we call change. Change is not merely necessary to life, he said; it is life. Everything comes to pass, nothing comes to stay according to Matthew Flickstein, teacher of insight and meditation.

Time is a dressmaker specialising in alterations

Terry offered three major rules for life:

- All choices and actions have consequences
- You are the only one responsible for your choices and actions
- Failure to accept choice is, in fact, a choice to stop growing and a decision to not move forward.

On change and transition, he believes that transition follows closely after a major change and that often transition for an individual begins with an ending of some aspect of life. He spoke of our negotiating transition in later life. "We need to be positive about change and willing to unfold, evolve, develop and improve." Food for thought. Mal Carter

President's Christmas Lunch 2015

Friday December 4. Please lock this date into your diary now for our final function of the year. Full details at a later date.

Sunglasses optional



BRAIN TEASER

What do these seven words all have in common?

- | | |
|------------|------------|
| 1. Banana | 2. Dresser |
| 3. Grammar | 4. Potato |
| 5. Revive | 6. Uneven |
| 7. Assess | |

There is a very simple solution. Answer next month.

Don't Say You Didn't Know

A Swedish study (1998 - 2007) followed 45,887 men aged 45 to 79 years of age to investigate the effect of lifetime physical activity on the incidence of prostate cancer. Their results, published in 2009 in the *British Journal of Cancer*, found that men who had the highest physical activity level had a 16 per cent decreased risk of developing prostate cancer compared with men with the lowest level of activity. It was estimated that a 30-minute daily period of walking or bicycling reduced the risk of developing prostate cancer by 7 percent.



Behind Enemy Lines

Stories of heroism and other endeavours during war always seem to attract an interested audience. Mike Harwood's account of the missions taken by his cousin, Jack House, were enthralling and gave a fascinating insight into some of the behind-the-lines action during World War 2. Jack was a member of a Raiding Group and Special Boat Squad. Placed behind the lines to support Marshall Tito – they were parachuted into Yugoslavia - they assisted and trained Tito's troops. Later, in Crete, they were told to keep a look out for escaped prisoners; however, on one occasion they stopped a truck and forced the personnel to alight, without realising that they had intercepted a convoy of the Commandant of Crete. In France, they were sent in to set up flares for allied gliders coming into Normandy but not being able to remember their passwords (given them by the Americans), they had to improvise. Thanks, Mike, for a great ten minutes of history. Mal Carter

Tastes

Calabrian Cucina Night

SENSATIONAL



Where: Il Forno www.ilfornorestaurant.com.au

273A Hampton Street Hampton

When: Thursday August 27 6.30 pm

Featured Wines: \$15 per bottle

Redstone Heathcote Shiraz

Hardy's Coonawarra Cabernet Sauvignon

And selected whites

Cost: \$55 per person Menu available on request

Please join us for this special evening. Book now.

Probus Club of Beaumaris

Events Calendar

Tuesday July 21	8.45 am Investment Group 10 am GENERAL MEETING	Sandringham Club
Friday July 24	9 am Bike Ride	
Tuesday July 28	2 pm Wine Appreciation Group	Wilson Residence
Tuesday August 4	2 pm PRISMS	25 Third Street Black Rock
Tuesday August 11	2 pm Digital Technology	25 Third Street Black
Tuesday August 11	7.30 pm Grimethorpe Colliery Band	Hamer Hall ★
Tuesday August 18	8.45 Investment Group 10 am GENERAL MEETING	Sandringham Club
Wednesday August 19	11 am Masterpieces from the Hermitage	NGV ★
Wednesday August 26	7 pm Opera Group	25 Third Street Black Rock
Thursday August 27	6.30 pm Tastes	★ Il Forno, Hampton St
Friday August 28	Bike Ride	
Tuesday September 15	8.45 Investment Group 10 am GENERAL MEETING	Sandringham Club
Tuesday September 22	2 pm Wine Appreciation Group	McDonnell Residence
Wednesday September 23	Western Treatment Plant, Werribee	★
Friday September 25	Bike Ride	



2015 CANDLELIGHT DINNER AT THE SANDRINGHAM YACHT CLUB From left: Mike and Bev Read are greeted at the door by President Kevin and Frederica McDonnell; The Hot Flushes in song; Frank Collings and Gerald Ettershank; Peter McGregor and Keith Ross

**Probus Bank details: CBA BSB 063-144
Account No 10121288**